

# Footwork Training Camp

## Table Tennis Clinic For All Ages and All Levels

**Saturday, March 14<sup>th</sup> 10am-5pm  
Akron, Ohio**



**Coach:** Samson Dubina

**Where:** The House of the Lord 1650 Diagonal Road – Akron, Ohio

**When:** Saturday, March 14<sup>th</sup> 2015 10am-5pm

**Who:** Anyone is welcome to attend. Many of the techniques will be for the advanced player. Players will be divided into groups based on their skill level so that each participant will be working on level-appropriate drills.

**Cost:** \$95 for 6 hours of professional instruction

**Housing:** FREE Housing available for out-of-town players – limited to the first 5 out-of-town players

**Topics:** Each of the clinics during 2015 will be centered on a different topic. For this clinic, we will focus on developing strong footwork with side-to-side step, lunge, short ball, moving-in, and crossover step. With footwork as the focus, we will deal with many topics such as looping, blocking, pushing, counterlooping, ball placement, and game strategy. However, all of the strokes will link back to our main topic – footwork.

**Contact:** Samson Dubina e-mail: [tt@samsondubina.com](mailto:tt@samsondubina.com) website: [www.samsondubina.com](http://www.samsondubina.com)

CUT-----CUT

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Signature \_\_\_\_\_

Mail to: **Samon Dubina**  
355 Hoover Ave  
Akron, Ohio 44312

Entries must include \$95 check to:  
**Samson Dubina Table Tennis Academy**

**Buy a Newgy robot from [www.samsondubina.com](http://www.samsondubina.com) – receive free robot lessons (\$165 value)**

# Footwork Topics

## Session #1 Saturday 10am-1pm

- Side-Shuffle Footwork
- Systematic Footwork
- Semi-systematic Footwork
- Random Footwork
- Crossover Step Footwork
- Advanced Footwork Application
- Game Situation Drills

## Session #2 Saturday 2pm-5pm

- In-and-Out Footwork
- In-and-Out Footwork Application
- Blocking/Defense Footwork
- Counterattacking Footwork
- Linking Multiple Footwork Drills Together
- Anticipation Footwork
- Ball Placement
- Game Situation Footwork